



CommuteSmart New Hampshire (CSNH) is a partnership between the state's nine regional planning commissions and specific transit agencies (partners), working in collaboration with other transit providers, state agencies, municipalities, businesses, and public health organizations. CSNH is dedicated to encouraging and assisting people to choose sustainable transportation options in place of driving single occupancy vehicles. Partners actively support the development and provision of strategies and policies to reduce travel demand across the state including walking, bicycling, carpooling and public transportation.

CommuteSmart New Hampshire NEWS & EVENTS

Capital Region

The Commuter Challenge is Back!

CommuteSmart Central NH invites you to participate in the third annual CommuteSmart Commuter Challenge! During the week of May 14th-18th log all of your smart commute trips taken in place of driving a single occupancy vehicle. Try walking, biking, transit, carpool, or telecommuting!



Log in or sign up to log all of your trips taken between May 14th and May 18th. You'll be able to compete with others around the Region and be eligible to win prizes. All trips must be logged by 11:59 PM on Monday, May 21. [Click here to visit the trip logger!](#)

May 18th Commuter Breakfast - State House Plaza!

Stop by the Commuter Breakfast on National Bike to Work Day located at the State House Plaza. We'll sign you up for our trip logger if you haven't already and you can record your trips for us to enter for you. Coffee and bagels from The Work s will be available! 7:00-9:00 AM.

May 18th Commuter Breakfast - Hazen Drive!

Stop by the Commuter Breakfast on National Bike to Work Day located at Hazen Drive. Available to those who bike or walk to work. Coffee and bagels from The Works will be available! 7:00-9:00 AM.



10th Annual Concord Area Bicycle Swap

The Central New Hampshire Bicycling Coalition (CNHBC) is holding the 10th Annual Concord Area Bicycle Swap with the goal of raising thousands of dollars to support bicycle programs and projects in Concord and the surrounding communities. The Bicycle Swap will be held at [S&W Sports](#) and is a fun event for families and for bicycle riders of all ages and abilities. Whether you

are looking to buy, sell, or donate a bike, you don't want to miss this event!
Drop off for consignment: anytime between 11am-6pm Weds, and 11am-7pm the Thurs and Fri before the swap.

Drop off for donation: anytime between now and May 18
Sale: May 19th 9am-5pm and May 20th 9am-1pm
Pick up: by Tuesday following the event, bikes and checks not picked up at this time will be donated.

Additional information can be found through the [CNHBC webpage](#).

Seacoast

Annual Spring Business to Business (B2B) Challenge

CommuteSMARTSeacoast's annual spring Business to Business (B2B) Challenge kicks off May 1st with a celebration at Portsmouth Brewery and will run the whole month. Sign up your workplace, and rally your co-workers to bike, walk, carpool, ride transit or telecommute for a day, a few days, or all month. There will be special prizes for bicycling and walking. All smart commuters get fun swag and a coffee gift card.

The Seacoast's 16th Annual **Bike/Walk to Work Day is Friday May 18th**. Ride your bike or walk to work and stop in at one of ten free Commuter Breakfasts around the region. Enjoy a delicious free continental breakfast and enter a raffle for great prizes donated by local business.

Breakfast locations include Dover, Durham/UNH, Exeter, Kittery, Newmarket, Pease TradePort, Portsmouth Downtown, Rye and Stratham industrial park. See the [website](#) for specific locations. Roll out with the [Tour de Breakfast](#) and nosh your way around the Seacoast!

For more information on Seacoast Bike/Walk to Work Day or to volunteer to help out, visit <http://www.seacoastbikes.org/bike-walk-to-work-day.html> or email sbogle@rpc-nh.org.

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